

# Jingle My Bells

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**Description :** 32 temps, 2 murs, Débutant Contra

**Musique :** Jingle My Bells by The Tractors

**Intro: Start after 32 count**

## **Sec 1 : R Chasse, Back Rock, Recover, L Chasse, Back, Rock Recover**

1&2 Step R side, step L together R, step R side

3-4 Rock L Behind R, Recover Onto R

5&6 Step L side, step R together L, step L side

7-8 Rock R Behind L, Recover Onto L

## **Sec 2 : Kick, Side Step, R, L, R, L**

1-4 Kick R Across L, step R side, kick L across R, step L side

5-8 Repeats

## **Sec 3 : Forward Shuffle, 1/2 Turn R Shuffle, Back Rocking Chair**

1&2 Step R forward, step L together R, step R forward

3&4 1/2 turn R Step L forward, step R together L, step L back (6:00)

4-8 Rock R Behind L, recover Onto L, rock R forward L, recover Onto L

## **Sec 4 : Sugar Foot, Hold, R, L**

1-2 Touch R toe together, touch R heel to side

3-4 Cross R over L, Hold

5-6 Touch L toe together, touch L heel to side

7-8 Cross L over R, Hold

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